

# *Life* **GROUUPS**

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our different  
LIFEGROUPS and  
find one to suit you.



Heaton Baptist Church

# *Life* **GROUPS**

*AT HEATON BAPTIST CHURCH*

Lifegroups are an integral part of life at Heaton Baptist Church. They are small groups that meet together regularly for friendship and support, to study the Bible and to pray, and to be a supportive community on the road of following Jesus.

All Lifegroups have a unique identity, and this booklet will give you a flavour of the different groups, including when and where they meet. The one thing they have in common is that you will receive a warm welcome at all of them.

If you have any questions about Lifegroups please contact Aileen Innes or Andy Carlisle who oversee the groups, who will be very happy to help.

Andy - [andycarlisle@gmail.com](mailto:andycarlisle@gmail.com)  
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# Time AND DATE

A CALENDAR VIEW OF OUR LIFE GROUPS

MON	TUE	WED	THUR	FRI	SAT	SUN
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					FAMILIES LIFE GROUP	
					SATURDAY AT 3:30	GATESHEAD LIFE GROUP
	TUESDAY AT 7 FOCUS BENTON	SEXTON, PINDER + YOUTH	HEATON + SANDYFORD LIFE GROUPS			

MORNING
AFTERNOON
EVENING

# GRAHAM AND HILARY SEXTON'S LIFEGROUP

LEADERS : GRAHAM & HILARY SEXTON

LOCATION : KILLINGWORTH

Our lifegroup is about two years old now and is led by Graham and Hilary Sexton. We are geographically base on the NE outskirts of Newcastle, in Killingworth and usually meet at Graham and Hilary's house. We normally meet once every two weeks, but during lockdown we are meeting every week at 7.30pm On Wednesday. We have a small number of members at the moment (9). Our typical activity is centred around a bible study related to the current sermon series.

## HEATON LIFEGROUP

LEADERS : ROB & STEPH WALLACE

LOCATION : HEATON

We are a very mixed aged group (from 2 months to 76 years!) We have married couples and singles, students and people with jobs and some retired people. We have several families that have been in the church for years and some who have arrived recently. We welcome any new folk because it's a really great way to meet people. Each week when we meet we chat first with lots of tea and biscuits/cakes, then have some kind of fun game/starter together followed by a short bible study (sometimes using DVD material.) Then we pray together. We meet every week at 7:30pm on a Thursday usually in our house. We're currently meeting 7:30pm every Thursday via Zoom.

## FAMILIES LIFEGROUP

LEADERS : SHARED

LOCATION : KILLINGWORTH

Our lifegroup is made up of families with mainly primary school aged children. We also have a couple of preschoolers and secondary aged children. At the moment we meet as families over zoom once a month on a Saturday at 10.30am. This time is used mainly for fellowship rather than formal Bible study. During lockdown we have done a quiz and next time it's a birthday party! The children have their own breakout room! The men and women meet alternate Tuesday evenings so men one week, women the next. When not in lockdown this usually involves a Bible study /prayer. It's been a bit of a mix in lockdown, more chat and prayer support really.

# **SANDYFORD LIFEGROUP**

**LEADERS : JACK AND KRISTIN BARRACLOUGH**

**LOCATION : SANDYFORD**

We want to create a small missional community where we can share our struggles and encouragements with each other and inspire each other (with scripture and with personal stories) to be faithful to Jesus throughout the week and to share good news about him. We want to pray together for us to know and reflect God more and for others to believe. We want to be intentional about investing in each others' lives. We value authenticity, fun, accountability, prayer and the Bible. We'll meet Tuesdays 7pm til 8.30pm on zoom.

We (Jack and Kristin) got married last June in Chicago and live in Sandyford. Jack has been part of HBC since 2012 and Kristin has been coming since her visa to live in the UK was issued. We both work for Agape UK with students. Jack likes ancient history, squash and stories (reading, watching, playing or writing them). Kristin likes having tea with friends, baking, singing and being creative. We're excited to get more involved in the life of this church through this lifegroup.

## **TUESDAY AT 7**

**LEADERS : NICK AND RACHEL MEGORAN**

**LOCATION : VARIED**

Our life group meets on Tuesdays from 7-9pm for food and fellowship. We rotate where we meet .. usually 50% of time we meet in our home. We are based all over-coast, Benton, Heaton, Gosforth.... There are 14 people in the group including our teenage children, Emily and Jamie. At the moment we are meeting every Tuesday evening via zoom.

# FOCUS STUDENTS

LEADERS : EMMA FOSTER, BEN FOSTER AND GRACE BRETNALL

LOCATION : HEATON BAPTIST CHURCH

Focus is a lifegroup for students and those in their 20s. There are currently about 12 of us but that number obviously changes each year as we say goodbye to some students and meet new ones in September! The group is currently lead by Emma Foster, Ben Foster and Grace Bretnall. We usually meet together at church at 7.30pm every Tuesday for about an hour and a half. We tend to start with lots of tea and biscuits and time to chat and catch up and then we move into the sofa room to study the bible together and pray for each other. Currently we are meeting every other Tuesday at 7.30pm on zoom for around an hour. Our zoom meetings are a time to share and pray for each other. Everyone is encouraged to share something they have read/ listen to/ seen/ experienced from the week before. It could be an amazing podcast or a worship song they are loving or just something they have seen that has taught them something about God.



# TOM AND JAN PINDER'S LIFE GROUP

LEADERS : TOM & JAN PINDER

LOCATION : THE PINDER'S HOUSE

We currently have 12 in our life group and are at the older end of the age spectrum, our average age being into the 70's! we meet (always) at our house on Wednesdays at 7.30pm, sticking broadly to the school terms and do not meet in weeks when there is other Church activities . The main focus of the group is Bible Study – we generally have a Bible Study every other week. Those weeks we do not have a study we refer to as 'Share & Prayer' weeks when we catch up with each other and spend some time praying for each other and wider matters also. During this period when we are not physically able to meet, we have starting Zoom meetings weekly also Wednesdays at 7.30pm.

# **GATESHEAD LIFE GROUP**

**LEADERS : TIM & JACQ HOWELL**

**LOCATION : HOWELL HOME (WHICKHAM)**

Originally, all of the families who attended our life group were from Gateshead (hence the name!) but we now have Newcastle families as part of the group too. There are 7 families in our group and the children's ages span from birth to 18. The children get along really well despite the age differences. Under normal circumstances we meet once a month on a Sunday afternoon. This is primarily a social gathering although we do aim to have a 'family slot' for 15-20 minutes with a biblical focus.

Aside from a Sunday afternoon, the ladies of the group meet once a month on a weekday evening for Bible study and/or prayer. The men also arrange to meet separately for the same reason. These evenings were an add-on to a Sunday afternoon as, with so many children, we were finding it difficult to have any meaningful Bible study, prayer time or adult conversation. During lockdown we have been meeting on Zoom, although there is not a set day/time for this. There has been a mix of general catch-up chat, quizzes and prayer time. We plan to continue to meet this way to support each other as best we can during this period of social distancing.

# **BENTON LIFE GROUP**

**LEADER : JEREMY WOOD**

**LOCATION : BENTON**

I coordinate the Benton Lifegroup that meet every Tuesday. Currently we have a Zoom meeting every week and also have a WhatsApp group. We share experiences together, listen to songs and Scriptures and pray for each other. One person recently said "The group has been a lifeline to us during the last few weeks" I found this very encouraging. Prior to lockdown we met at various venues and had a more structured programme with Bible Studies. We have 13 in our group currently, covering a wide range of ages. Our numbers were very variable prior to lockdown, but now most people come every week.

# SATURDAY AT 3.30

LEADERS : JOHN AND MARY MACKENZIE

LOCATION : VARIED

Our lifegroup is jointly led by all participants, with John and Mary Mackenzie currently as the contact people for the group. Typically, our meetings include worship, Bible study (which may be linked to a Christian book) and prayer. We all take it in turns to lead and host the meetings in our homes. Usually, we meet once a month on a Saturday at 3.30pm. In between our monthly meetings, the men and women meet in separate groups for prayer, again our homes. We also have social events, usually at Christmas and in the summer. Many of those who attend the group have teenagers or young adults in their families, but some are grandparents and others are single. During lockdown we have met more frequently, about once a fortnight via Zoom. We are currently looking at Pete Greig's book, 'How to Pray', which works well as it is linked to videos which we watch in advance of the meeting. The men and women have met separately for prayer via Zoom and we also have a lifegroup ladies' Whatsapp prayer group which helps us to keep in touch.

# YOUTH LIFEGROUP

LEADERS : SHARED

LOCATION : THE MCNAUGHTON'S HOUSE

Youth lifegroup is a lifegroup specifically for any young people in school years 10-13 and we meet every 1st and 3rd Wednesday of the month at Rachel and Jon McNaughton's house. Rachel, Jon and Anna lead youth lifegroup and we're often a group of around 12 all gathered in Rachel and Jon's living room. We spend the first half of our sessions eating nice snacks, playing games, and catching up with each other! And in the second half of our time together we dig into the Bible together, pray, spend time discussing faith and life, explore relevant topics, and have lots of fun. During lockdown, our timings have slightly changed and we are meeting weekly, on a Sunday evening from 7.30pm-8.30pm, but following a similar format as if we were meeting together. You'd be very welcome to join us!



HEATON  
BAPTIST  
CHURCH

# find out more.



[www.heatonbaptist.org.uk](http://www.heatonbaptist.org.uk)



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